

# CHURCH OF THE RESURRECTION

725 CASCADE DRIVE  
SUNNYVALE, CA 94087

## THE PASTOR'S MESSAGE...

18th Sunday in Ordinary Time

Dear Parishioners,

A few reminders for all of us as we gather for Sunday Mass. I found the following list, "*Etiquette for Participating at Sunday Mass*," particularly helpful in reminding ourselves of the sacredness of the Eucharist and the Real Presence of Jesus in our midst.

► **Make Sunday truly the Lord's Day.**

Schedule your family activities and commitments around Mass—not the other way around. Let Sunday be your family day with the Lord.

► **Prepare for Mass before you leave home.**

This helps you arrive on time and enter into the liturgy with a prayerful spirit.

► **Participate fully, consciously, and actively.**

Listen attentively to the readings and the homily. Respond with the proper acclamations. Join in the singing with the choir and the congregation.

► **Be respectful during Mass.**

Dress modestly and appropriately—remember, we are in the presence of the Lord. Keep a reverent silence before and after Mass for those who are praying.

► **Be reverent during the liturgy.**

Silence your phone before entering the Church. Refrain from eating, drinking (except water when needed), or chewing gum. Bow before the Altar when entering the Church acknowledging Jesus' Presence in the tabernacle. Receive Holy Communion with both spiritual and physical reverence: Bow before receiving the Body and Blood of Christ. Respond clearly and confidently with "**Amen**" as your profession of faith in His Real Presence.

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## THE PASTOR'S MESSAGE (CONT'D) ...

18th Sunday in Ordinary Time

### ► **Remain until the Mass is truly ended.**

Do not leave before the final blessing. Often, there are important parish announcements that remind us of our belonging to a community of faith.

### ► **Live out the grace you've received.**

The presider sends us forth with a blessing to carry out our Christian mission in the world—strengthened and nourished by Jesus' presence.

### ► **Let your Sunday joy carry into the week.**

Preach the Gospel through your words and deeds. Share your blessings with those in need. Let others experience the love and presence of Christ through you.

Let us continue to grow together as a Eucharistic people, always honoring the sacred gift we celebrate each Sunday.

Rev. Fr. Mark Gazzingan

Pastor